

## LONG TERM PLAN PSHE 2022-23

This LTP is based around the Jigsaw Scheme of Work except where stated.

All Jigsaw resources are available on the shared area.

Subject: PSHE	Pathway: 3
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	Autumn 1 6 weeks	Autumn 2 7 weeks 3 days	Spring 1 5 weeks 2 days	Spring 2 6 weeks	Summer 1 5 weeks 4 days	Summer 2 8 weeks
KS4	Being Me In My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
KS3	Being Me In My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
KS1/2	Being Me In My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me

Subject: PSHE	Pathway: 2
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In Pathway 2 the learning level of the children is lower than their age expected learning level. Jigsaw is designed to fit in with a mainstream curriculum and thus the age level is typically too high. In this part of the LTP the lessons suggested are a guide only. For example, Year 11 Pathway 2 children won't be able to access Year 11 Jigsaw work but may be able to access year 4 or 5. If that is too high resources can be taken from the earlier age groups - the subject areas remain the same regardless of age, eg 'Being Me In My World' is an area which has resources for all age groups from year 1-year 11. This is not appropriate in some cases,

most notably for RSE work. Pathway 2 children who have gone through puberty will not be well served by year 4 level RSE lessons as they will not reflect their physical development. In this case an alternative has been indicated.

	Autumn 1 6 weeks	Autumn 2 7 weeks 3 days	Spring 1 5 weeks 2 days	Spring 2 6 weeks	Summer 1 5 weeks 4 days	Summer 2 8 weeks
<b>KS4</b> <b>(Based on Jigsaw Year 5)</b>	<b>Being Me In My World</b> My Year Being a Citizen of My Country Responsibilities Rewards and Consequences Our Learning Charter Owing our Learning Charter	<b>Celebrating Difference</b> Different Cultures Racism Rumours and Name-calling Types of Bullying Does Money Matter? Celebrating Difference Across The World	<b>Dreams and Goals</b> When I Grow Up (My Dream Lifestyle) Investigate Jobs and Careers My Dream Job. Why I want it and the steps to get there Dreams and Goals of Young People in Other Cultures How Can We Support Each Other? Rallying Support	<b>Healthy Me</b> Smoking Alcohol Emergency Aid Body Image My Relationship With Food Healthy Me	<b>Relationships</b> Recognising Me Safety With Online Communities Being In An Online Community Online Gaming My Relationship With Technology: Screen Time Relationships and Technology	<b>Changing Me</b> *Use the EQUALS RSE SOW. Areas covered include: Knowing My Body Knowing Me Private and Public Touching and Allowing Others to Touch Me Forming Relationships Sexual Intimacy with Another Person
<b>KS3</b> <b>(Based on Jigsaw Year 4)</b>	<b>Being Me In My World</b> Becoming A Class Team Being A School Citizen Rights, Responsibilities and Democracy Rewards and Consequences Our Learning Charter Owing our Learning Charter	<b>Celebrating Difference</b> Judging By Appearances Understanding Influences Understanding Bullying Problem-solving Special Me Celebrating Difference	<b>Dreams and Goals</b> Hopes and Dreams Broken Dreams Overcoming Disappointment Creating New Dreams Achieving Goals We Did It!	<b>Healthy Me</b> My Friends and Me Group Dynamics Smoking Alcohol Healthy Friendships Celebrating My Inner Strength and Assertiveness	<b>Relationships</b> Jealousy Love and Loss Memories Getting On and Falling Out Girlfriends and Boyfriends Celebrating My Relationships with People and Animals	<b>Changing Me</b> *Use the EQUALS RSE SOW. Areas covered include: Knowing My Body Knowing Me Private and Public Touching and Allowing Others to Touch Me Forming Relationships Sexual Intimacy with Another Person
<b>KS1/2</b> <b>(Based on Jigsaw Year 2)</b>	<b>Being Me In My World</b> Hopes and Fears for the Year Rights and Responsibilities	<b>Celebrating Difference</b> Boys and Girls Why Does Bullying Happen?	<b>Dreams and Goals</b> Goals to Success My Learning Strengths Learning With Others A Group Challenge Continuing Our Group	<b>Healthy Me</b> Being Healthy Being Relaxed Medicine Safety Healthy Eating Happy, Healthy Me!	<b>Relationships</b> Families Keeping Safe – exploring physical contact Friends and Conflict Secrets	<b>Changing Me</b> Life Cycles in Nature Growing from Young to Old The Changing Me Boys’ and Girls’ Bodies

	Rewards and Consequences Our Learning Charter Owning our Learning Charter	Standing Up For Myself and Others Gender Diversity Celebrating Difference and Still Being Friends	Celebrating Our Achievement		Trust and Appreciation Celebrating My Special Relationships	Assertiveness Looking Ahead
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