

Subject: PE	Accreditation: OCR Entry Level	Pathway: 3
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LONG TERM PLAN

			<u>Autumn 1</u>	<u>Autumn 2</u>	<u>Spring 1</u>	<u>Spring 2</u>	<u>Summer 1</u>	<u>Summer 2</u>
KS4	Cycle 2	6	Handball	Volleyball	Health and Fitness	Table Tennis	Tri Golf	Athletics
	Cycle 1	6	Badminton	Basketball	Health and Fitness	Hockey	Cricket	Athletics
KS3	Cycle 3	5	Handball	Tennis	Health and Fitness	Football	Tri Golf	Athletics
	Cycle 2	5	Basketball	Badminton	Health and Fitness	Hockey	Cricket	OAA
	Cycle 1	4	Basketball	Football	Gymnastics	Tennis	Rounders	Athletics
KS2	Cycle 4	4	Netball	Dodgeball	Dance – Around the World	Tag Rugby	Cricket	OAA
	Cycle 3	3	Basketball	Mini Tennis	Gymnastics Linking Movements together	Football	Rounders	Athletics
	Cycle 2	3	Netball	Dodgeball	Dance – Space	Tag Rugby	Cricket	OAA
	Cycle 1	2	Fundamental Movement Skills	Net/Wall Games	Gymnastics – Stretching, curling & arching	Invasion Games 2	Striking & Fielding Game Skills 2	Athletics
KS1	Cycle 3	1	Invasion Game Skills 2	Target Games 2	Gymnastics Wide, narrow & curled rolling & balancing	Invasion Game Skills 2	Striking & Fielding Games 1	Athletics 2
	Cycle 2	R	Invasion Game Skills 1	Fundamental Movement Skills 1	Dance – Jungle	Gymnastics – Bouncing, Jumping & Landing	Object Manipulation 1	Athletics 1
	Cycle 1	N	Locomotion 1	Fine Motor Skills	Stability 1	Target Games 1	Gymnastics – Parts high & Parts low	Dance – Seasons

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			<u>Autumn 1</u>	<u>Autumn 2</u>	<u>Spring 1</u>	<u>Spring 2</u>	<u>Summer 1</u>	<u>Summer 2</u>
Stage D	Cycle 2	4	Basketball	Badminton	Health Related Fitness	Football	Tri Golf	Athletics
	Cycle 1	4	Netball	Dodgeball	Health Related Fitness	Tag Rugby	Cricket (4)	OAA
Stage C	Cycle 3	3	Handball	Tennis	Gymnastics – Symmetry & Asymmetry	Football	Rounders	Athletics
	Cycle 2	3	Basketball	Badminton	Dance – Romans	Hockey	Cricket	OAA
	Cycle 1	2	Fundamental Movement Skills 3	Invasion Games	Dance – Pirates	Object Manipulation 2	Striking & Fielding Games 2	Athletics 2
Stage B	Cycle 4	1	Fundamental Movement Skills 2	Net & Wall Game Skills 2	Gymnastics Wide, narrow & curled rolling & balancing	Object Manipulation 2	Striking & Fielding Games 2	Yoga
	Cycle 3	1	Invasion Game Skills 2	Target Games 2	Dance – Mini Beasts	Invasion Game Skills 2	Striking & Fielding Games 1	Athletics 2
	Cycle 2	R	Locomotion 2	Stability 2	Dance – Seasons	Gymnastics – Bouncing, Jumping & Landing	Net & Wall Game Skills 1	Target Games 1
	Cycle 1	R	Invasion Game Skills 1	Fundamental Movement Skills 1	Dance – Jungle	Gymnastics – Bouncing, Jumping & Landing	Object Manipulation 1	Athletics 1
Stage A	Cycle 2	N	Locomotion 1	Fine Motor Skills	Dance – Toys	Gymnastics – Parts High & Parts Low	Target Games 1	Yoga
	Cycle 1	N	Locomotion 1	Fine Motor Skills	Stability 1	Target Games 1	Gymnastics – Parts high & Parts low	Dance – Seasons

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			<u>Autumn 1</u>	<u>Autumn 2</u>	<u>Spring 1</u>	<u>Spring 2</u>	<u>Summer 1</u>	<u>Summer 2</u>
Stage B	Cycle 2	R	Invasion Game Skills 1	Fundamental Movement Skills 1	Dance – Jungle	Gymnastics – Bouncing, Jumping & Landing	Object Manipulation 1	Athletics 1
	Cycle 1	N	Gymnastics – Travelling, Stopping and Making Shapes	Dance – Nursery Rhymes	Target Games 1	Dance – Seasons	Stability 1	Yoga
Stage A	Cycle 2	N	Locomotion 1	Fine Motor Skills	Dance – Toys	Gymnastics – Parts High & Parts Low	Target Games 1	Yoga
	Cycle 1	N	Locomotion 1	Fine Motor Skills	Dance – Circus	Stability 1	Target Games 1	Yoga