

## Pathway 1 – Personal Development Curriculum

Cycle	Term	Topics	In these sessions pupils will learn	Key knowledge that builds on..	Assessment
Cycle 1	Autumn 1	<b>Domestic: Kitchen Routines</b>	Use a spreading knife to spread and cut toast Opening containers and replacing lids Use a spreading knife to slice and chop soft foods	Choosing familiar snacks	Teacher observation and formative assessment
		<b>PSHE: Being Me in My World</b>	Exploration and familiarisation of immediate area My body	My body Gross Motor Skills	Teacher observation and formative assessment
	Autumn 2	<b>Health &amp; Diet: Exercise</b>	Trying different foods	Choosing familiar snacks	Teacher observation and formative assessment
		<b>PSHE: Celebrating Difference</b>	Taking turns Sharing with others Seeking out others for play	Accepting others in the same space Awareness of the presence of others	Teacher observation and formative assessment
	Spring 1	<b>Social: Community Inclusion</b>	Lining up and walking in a group Taking turns	Sitting together	Teacher observation and formative assessment
		<b>PSHE: Dreams and Goals</b>	Identifying special interests	Making choices	Teacher observation and formative assessment
	Spring 2	<b>Financial: Shopping</b>	Sorting and matching items Shop role play Make a shopping list	Using picture exchange Selecting preferred objects	Teacher observation and formative assessment
		<b>PSHE: Healthy Me</b>	Healthy being (Diet and exercise)	Exploring outside areas	Teacher observation and formative assessment
	Summer 1	<b>Domestic: Personal Care</b>	Washing hands Brushing teeth Toileting Getting dressed independently	Communicating toileting needs Washing hands with support	Teacher observation and formative assessment
		<b>PSHE: Relationships</b>	Initiating interaction with peers Sustaining positive relationships Participating in group activities	Coping with the proximity of others	Teacher observation and formative assessment
	Summer 2	<b>Health: Wellbeing</b>	To know how to calm down when feeling sad Shows caution in relation to hot items Recognises when food is not safe to eat Recognising and valuing oneself	Expressing emotions and feelings	Teacher observation and formative assessment

Cycle 2	Autumn 1	<b>PSHE: Changing Me</b>	Awareness of change Identifying body parts	Awareness of self Understanding of emotions – Zones of Regulation	Teacher observation and formative assessment
		<b>Social: Relationships</b>	Sharing activities Interactive exchanges Making appropriate requests Asking for help Understanding instructions	Awareness of self	Teacher observation and formative assessment
	Autumn 2	<b>PSHE: Being Me in My World</b>	Where I live	Familiarisation with immediate area	Teacher observation and formative assessment
		<b>Financial: Managing Money</b>	Counting, addition and division Playing with coins Recognising coins	Sorting objects	Teacher observation and formative assessment
		<b>PSHE: Celebrating Difference</b>	Recognising emotions in others Taking account of others interests	Taking turns Sharing with others Seeking out others for play	Teacher observation and formative assessment
	Spring 1	<b>Domestic: Household routines</b>	Putting toys away Picking up litter Tidy the class	Selecting toys	Teacher observation and formative assessment
	Spring 2	<b>PSHE: Dreams &amp; Goals</b>	Identifying things we'd like to do Completing tasks to achieve a goal	Identifying special interests	Teacher observation and formative assessment
		<b>Health: Medicine</b>	To know that medicines should only be given to you by a grown up	To be able to tell someone you are feeling poorly	Teacher observation and formative assessment
		<b>PSHE: Healthy Me</b>	Make a healthy choice Make a healthy snack	Healthy being (Diet and exercise)	Teacher observation and formative assessment
	Summer 1	<b>Social: Communication</b>	"I want..." Communications Identifying likes and dislikes Following simple instructions Gaining the attention of another person	Lining up and walking in a group Taking turns	Teacher observation and formative assessment
	Summer 2	<b>PSHE: Relationships</b>	Showing interest in what others are doing Recognising when own behaviour has offended or hurt another	Initiating interaction with peers Sustaining positive relationships Participating in group activities	Teacher observation and formative assessment
		<b>Financial: Employment</b>	Identifying that adults have jobs People who help us Jobs in the community Role play activities	Role play jobs	Teacher observation and formative assessment
		<b>PSHE: Changing Me</b>	Touching and allowing others to touch me – appropriate touch	Identifying body parts	Teacher observation and formative assessment

