


Week: 1  
Date: 16<sup>th</sup> October

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.  = Vegetarian

For Allergen information please ask a member of the catering team.



**WOODLANDS**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

Main

Veggie Balls served with Mashed Potato, Gravy and Minted Peas or Carrots

Cheese & Tomato Pizza served with Mixed Salad and Sweetcorn

Roast Chicken & Gravy served with Organic Roast Potato & Vegetable Medley

Mince Beef Pie, Mash & Veg

MSC Salmon Cakes served with Oven Chips, Tomato Sauce, and Broccoli

Tomato & Basil Pasta served with Baguette Slice and Peas or Carrots

Pasta Arrabbiata

Quorn Roast & Gravy served with Organic Roast Potato & Vegetable Medley

Veggie Sausage, Gravy, Mash and Veg

Jacket Potato & Cheese, served with Baked Beans

Chocolate Muffin

Shortbread

Lemon & Apricot Cookie & Milk

Angel Delight with Fruit

Fruit Muffin

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad


Fresh Fruit Salad

Dessert

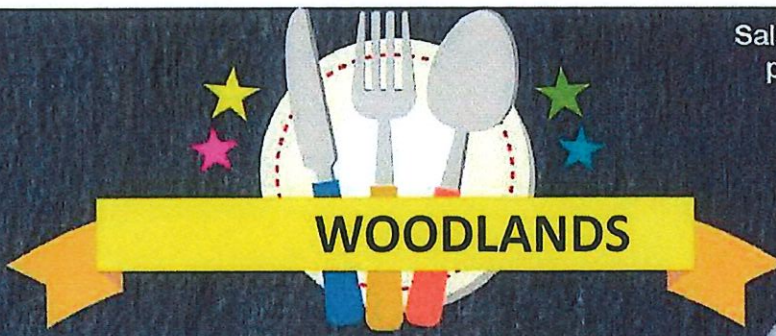




Week: 2  
Date: 6<sup>th</sup> & 27<sup>th</sup> Nov,  
Dec 18<sup>th</sup>, 5<sup>th</sup> Jan,  
22<sup>nd</sup> Jan

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**Monday**      **Tuesday**      **Wednesday**      **Thursday**      **Friday**

Main

Jacket Potato & Cheese, served with Baked Beans	Cheese & Tomato Pizza & Chips, Carrot Sticks or Sweetcorn Cob	Roast Beef & Yorkshire Pudding served with Mashed Potato, Gravy & Vegetable Medley	Sausage & Gravy, Mashed Potatoes, Peas	Fish Fingers served with Oven Chips, Baked Beans
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Dessert

Cheese Snack, Baked Beans, Boiled Potatoes & Salad	Pasta Tomato & Basil Sauce topped with grated cheese, Baguette Slice & Carrots	Quorn Roast & Mashed Potato & Vegetable Medley	Veggie Sausage, Gravy, Mash and Peas	Macaroni Cheese Baguette Slice Peas
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Flapjack & Raisons	Oaty Apricot Cooke	Banana Loaf	Oaty Cookie	Choco Brownie & Milk
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Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad
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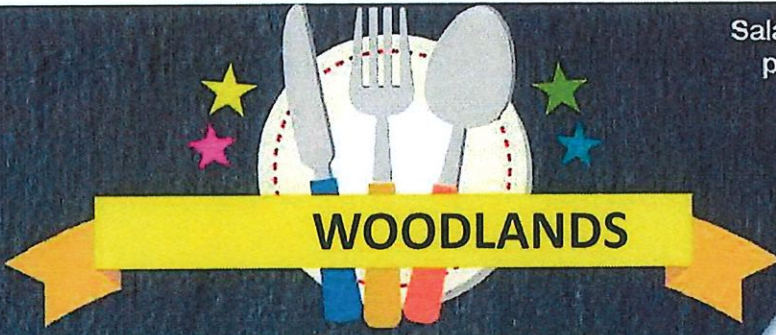




Week: 3  
Date: Nov 13<sup>h</sup>,  
Dec 4<sup>th</sup>,  
Jan, 8<sup>th</sup> & 29<sup>th</sup>.

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**Monday**      **Tuesday**      **Wednesday**      **Thursday**      **Friday**

Main

Smokey BBQ Quorn Jacket Potato & Carrots	Cheese & Tomato Pizza & Chips, Carrot Sticks & Salad	Roast Pork & Stuffing served with Roast Potato, Gravy & Vegetable Medley	Chicken Fried Rice, Carrots & Peas	Fish Fingers served with Oven Chips, Baked Beans
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Pasta Tomato & Basil Sauce topped with grated cheese, Baguette Slice & Carrots	Pasta Tomato & Basil Sauce topped with grated cheese, Baguette Slice & Carrots	Quorn Roast & Stuffing served with Roast Potato, Gravy & Vegetable Medley	Veggie Mince, Pasta Baguette Slice Carrots & Peas	Veggie Sausage Chips & Baked Beans
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			Jacket Potato & Cheese, served with Baked Beans	
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Shortbread Biscuit	Cornflake Tart Custard	Shortbread Biscuit	Fruits of the Forest Crumble with Custard	Choco Crunchies & Milk
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Dessert

Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad
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