



Design and Technology Long Term Plan

Woodlands Academy













Subject: DT	Accreditation: BTEC, WJEC pathways, AQA unit	Pathway: 2 & 3
	awards	

LONG TERM PLAN

Learning will be structured as class and practical lessons covering food technology, resistant materials, graphics, electronics and textiles cycled over the key stages Planning and activities should be guided by the 5Cs: Confidence Challenge Curiosity Character Creativity

rianining and	activities should be guide	cies should be guided by the 5Cs: Confidence, Challenge, Curiosity, Character, Creativity.						
		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	
KS4	Home Cooking Skills – Cycle 1 (BTEC Level 1)	Topic units: Eggs Breakfast Vegetables Quick cooked meats Visit: Farm shop	Topic units: Quick cooked meats Barbecue food Fruit Puddings Visit: Christmas market	Topic units: Puddings Chicken Stir-frying Visit: Supermarket	Topic units: Baking Fruit Packed lunches	Topic units: Simple soups Salads Baking	Topic units: Pasta Baking Fish Visit: Restaurant	
	Home Cooking Skills – Cycle 2 (BTEC Level 1)	Packed lunches Bread Stews Visits	Rice Mince Pasta Visits	Breakfasts Quick cooked meats Soup Visits	Fish Barbecue Visits	Final practical assessment	Completing unfinished coursework Recapping cooking units with new recipes	
	AQA Award Cycle 1	Basic cooking skills with verbal prompts (117667)	With support be able to:	Pre-entry level Sensory preparation of food (118278) With support be able to: Explore ingredients through touch, sight,	Pre-entry level Sensory Baking (118279) With support be able to: Explore different baking ingredients. Use given utensils.	Pre-entry level Sensory cooking skills (118280) With support be able to: Explore different cooking skills and techniques. Use given utensils.	Pre-entry level Sensory cooking Continue recapping covered skills from previous covered units to build confidence and health and safety awareness, combined with healthy eating and diet (Eatwell guide)	

















		Cut up soft fruit with a butter knife. Roll bread dough.	simple hot meal. Use a sandwich maker. Use a whisk while cooking. Use a grater. Use the creaming method.	hearing, smell and taste. Follow food hygiene rules. Weigh and measure ingredients. Prepare fruit and veg. Follow a recipe. Mix ingredients. Chop ingredients.	rules. Experience the creaming method. Experience the rubbing in method. Experience melting	Wash their hands properly. Experience simmering and boiling vegetables. Experience frying meat ad vegetables. Experience roasting vegetables in the oven.	and naming ingredients, skills and equipment.
	AQA Award Cycle 1	Preparing and making simple meals Recycling and composting food waste					
KS3 Blue pathway	Cycle 1	Food Technology Module 1 Health and safety Food hygiene Eatwell guide Food storage Basic cooking skills		Graphics Designing a game cover Design process Graphics skills Communicating ideas Computer skills		Textiles Fuzzy pencil case Design process Material investigation Using patterns Pinning Hand sewing Sewing machine	
	Cycle 2	 Food labels Traffic light system Shopping (Value for Foods from around) Food storage and specific properties 	or money) the world	 Understanding Produce ideas to designer Communicating Computer skills 	er designers work other designers work/styl pased on a theme & g ideas on paper	Resistant Materia Phone holder Earphone holder • Using Inkscape fo • The design proces • Designing to a bri • Developing ideas • Creative problem • Testing prototype	or CAD es ef (others needs) in small groups solving
	Cycle 3	Food Technology Module 3 Product developme designing for other		Textiles Onomatopoeia The design proceed of the control of the con	cess	Resistant materia Box project / Ban Health and safety The design process	dsaw Box in the workshop

















		 Vegetarian, vegan & 6 Seasonality Food from around the Fair-trade Developing cooking s 	world	 Adding decorations (appliqué, buttons, ribbons etc) Natural and synthetic fibres Making your own pattern Sewing by hand Sewing machine 		 Writing own brief and specification Gathering useful research Joining wood (glue and joints) Attaching hinges or friction lid Communicating creative design ideas Decorating wood 	
	Links	Creative and critical thinking (designing for a purpose / others needs, problem solving, questioning, confidence us practical skills), creative skills (drawing, painting, sewing, colour theory), life-skills (cooking, healthy eating food and hygiene, independent living, shopping, value for money, reading packaging, understanding cultural and religious beliefs), maths (measuring, area), literacy (Writing a brief, specification and evaluation), ICT (using software to research, draw and write), cultural (Investigating others needs including dietary, religious and cultural, cooking dietary area of countries / cultures, investigating famous designers).					eating food safety al and religious oftware to
KS3/4 Hub 2 STEM lessons	Cycle 1					<i>U</i> 1	Bath bombs (Acids & Alkalis) Create a vacuum formed mould to make bath bombs as part of their science experiments. Structures Looking at building bases, triangulation, straw and shell structures.
	Cycle 2	Weather / rocks Weather station Designing and making a weather station out of recyclable/sustainable materials • Rain gauge	cells using their	game (Simple circuits) Design and make a steady hand game using a simple	Use a range of materials and	Solar oven (Heat & energy) Design and make a small wooden camping device for cooking marshmallows with sunlight.	Food technology Prepare and cook ingredients thinking about the nutrition our bodies need.















		AnemometerWater purifier	adding decorative elements.		a garden decoration.		
	Cycle 3	Food technology Prepare and cook ingredients thinking about the nutrition our bodies need.	Passive speaker (Wave, light & sound)	Textile display (Digestion)	Jewellery making (Properties of materials)	Bat box (Interdependence)	Bottle racers (Forces)
	Links	Science (running par Creative and critical t practical skills), creat and hygiene, independ beliefs), maths (measuresearch, draw and want from a range of count	hinking (designing for ive skills (drawing, p dent living, shopping uring, area), literacy (rite), cultural (Investi	or a purpose / others ainting, sewing, col , value for money, r (Writing a brief, spe gating others needs	s needs, problem solour theory), life-ski eading packaging, u ecification and evalu- including dietary, re-	ving, questioning, colls (cooking, healthy inderstanding culturnation), ICT (using s	onfidence using eating food safety al and religious oftware to
KS2/3 Green pathway	Cycle 1	Food technology Where does food come from? 5 a day & portion size Nutrients & energy Fats &Food labels Understanding a recipe Recipes: Soup Wraps Couscous Biscuits	Food technology Proteins Which parts of plants do we eat? Fruit and veg Carbohydrates Dairy Designing a treat Recipes: Salad Pizza toast Cheese straws Muffins	 Using mind-maps Writing specificati Designing and exp Using paper patter Realising designs Adding decoration 	rief ideas ls and their properties ion points blaining ideas rns and making choices	Resistant materials: Understanding a br Using research for Exploring materials: Using mind-maps Designing and expl Marking out drill h Using the pillar dri Sawing a slot in wo Using a glue gun Using a coping saw Cutting string to ler Assembling work Painting and decora Testing Evaluating	ief ideas s and their properties laining ideas oles ll with support ood v and jigsaw ngth
	Cycle 2	Food technology Sandwich snacks Eatwell guide Basic skills Chopping Grating Spreading	Food technology Basic skills Identifying ingredients Eatwell guide Packaging Baking	Textiles: Ugly doll Research Designing Making and using Whip stitch Running stich Button stitch	-	Resistant materials: Understanding a brown Researching Producing a specification Designing Shaping wood Drilling	ief

















	Assembling Tasting	Using the ovenUsing the hob	Making a productTesting and evaluation	 Joining materials Testing and evaluation	
Cycle 3	Food technology Cheese & onion triangles GM foods Scone based pizza Labelling Couscous Macaroni cheese Traffic light system	Food technology Danger zone 4C's Koftas Ragu sauce Food storage Boiled eggs Egg cups	Textiles: Marble maze / Tote bag Printing on fabrics Tie dying Making and using templates Pinning Running stich Making a product Testing and evaluation	RM: Puppets / Bandsaw box • Understanding a brief • Researching • Producing a specification • Designing • Drawing templates • Shaping wood • Joining materials • Testing and evaluation	
	Creative and critical thinking (designing for a purpose / other's needs, problem solving, questioning, confidence using practical skills), creative skills (drawing, painting, sewing, colour theory), life-skills (Eatwell guide, where food comes from, why do our bodies need food, basic preparation skills, cooking, healthy eating food safety and hygiene, independent living, shopping, value for money, reading packaging, understanding cultural and religious beliefs), maths (measuring, area), literacy (understanding a brief, explaining ideas and evaluation), ICT (using software to research, draw and write), cultural (Investigating others needs including dietary, religious and cultural, cooking dishes from a range of countries / cultures).				

Incorporation of reading:

At Woodlands we value reading as the core skill for learning which needs to be encouraged and developed in ALL learners to the best of their individual ability. We will provide learning that makes reading stimulating, interesting and relevant to the pupil. The teaching of reading skills should be implemented and supported across the curriculum and pathways. We will ensure the school follows a structured phonics teaching system that helps pupils build their understanding of letters and words.













